

Natura Bissé  
Barcelona



GERMAINE DE CAPUCCINI

# SPA

TREATMENT LIST & PRICES



**WALWICK HALL**

A COUNTRY ESTATE AND SPA

YOU'LL NEVER HAVE TO EXERT LESS EFFORT  
TO FEEL MORE PAMPERED. WALWICK'S INTIMATE  
LUXURY SPA CREATES A HEADY ATMOSPHERE  
OF SENSORY INDULGENCE.

Let yourself be enveloped by the rich scents of Germaine de Capuccini (GDC) and Natura Bissé (NB) oils as our trained therapist ease away the stresses and strains of modern living in our treatment room.

Or, why not take an exhilarating dip in our stunning glass-walled pool, a seat in our relaxing steam room, or a splash in the hot tub? All subtly sited within Walwick's very own private walled garden to ensure they blend seamlessly into the enchanting landscape that surrounds them.

Kicking back is great, but there comes a time when you have to move again. When that moment arrives, a state-of-the-art gymnasium, complete with a fully equipped exercise room, awaits so you can workout to your heart's content.

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# SPA. POOL. GYM.

TO BOOK CALL **01434 620156** OR EMAIL [HELLO@WALWICKHALL.COM](mailto:HELLO@WALWICKHALL.COM)

## SPA

If replenishing the mind and body is for you, we have a spa pool, steam room, and treatment room offering a selection of therapies, including Natura Bissé and Germaine de Capuccini face and body treatments and Jessica manicures and pedicures.

Walwick Hall Spa is also available to non-residents.

## POOL

Go swimming in our 10m sunken indoor pool and watch the stars twinkle through the sheer glass surround as you look out across Walwick's own private garden towards the Tyne Valley.

Children are welcome with an accompanying adult before 10am and between 5-7pm, 7 days a week.

## GYM

Run, row or work out with weights; we've got it covered at Walwick.

Our fully-equipped gym contains treadmills, a rower, free weights, weight tables and cross trainers.

The gym is mirrored and fitted with the very latest TV and sound system. It's the perfect place to free your mind whilst toning your body.

Our Pool and Gym are open **7 days a week 6am-10pm** and are available to non-residents by becoming a member.

To apply for a membership please email [hello@walwickhall.com](mailto:hello@walwickhall.com)



# GERMAINE DE CAPUCCINI AND NATURA BISSÉ TRAINED THERAPIST

Our therapist is Germaine de Capuccini and Natura Bissé trained, ensuring we provide only the best treatments using the highest quality products.



GERMAINE DE CAPUCCINI

## ABOUT GERMAINE DE CAPUCCINI

Since its humble beginnings in 1964, Germaine de Capuccini has been developing cutting edge skin care solutions for over 50 years. Now one of the world's leading skin care specialists, Germaine de Capuccini is stocked in more than 20,000 spas and salons across 84 countries and can be found in many of the world's top hotels and spas.

Situated in the hills of Alcoy, south of Spain, their laboratories house a team of specialists who are dedicated to the highest standards in skincare. Through research and innovation, their mission is to provide clients with genuine solutions to solve their skincare concerns.

Carole Jones MD, Germaine de Capuccini UK.



Natura Bissé  
Barcelona

## ABOUT NATURA BISSÉ

Prioritising the pursuit of excellence in everything they do, Natura Bissé delivers innovative experiences that yield transformative results. Confident in their belief that every skin is unique, they fuse pioneering technology with the most delicate human touch, allowing us to create unique experiences tailored to each individual.

As part of indulging in a Natura Bissé Treatment or Ritual at The Retreat, you will be welcomed into our Pure Air treatment room. Here, the pure air will prevent pores from getting blocked, seal your treatment, and allow the dermis to relax and protect itself against pollution while reducing stress and premature cellular ageing.





# SPA PACKAGES

Our packages include the use of fluffy robes and slippers, consultation and aftercare advice which is included in the allocated treatment time. A lunch option is also included and will be discussed with you upon booking.

## **WHY NOT UPGRADE YOUR SPA DAY EXPERIENCE?**

For the ultimate luxury experience, speak to a member of staff about upgrading your spa experience to include a stay at Walwick Hall.

Please note that we limit the numbers of those experiencing our half and full spa days. Only those experiencing our spa packages will have access to the pool area and robes and slippers, no additional guests are permitted unless hotel residents.

# HALF SPA DAYS

10AM-2PM  
2PM - 5PM

## **TREATMENT TIME:**

30 minutes

## **PRICE PER PERSON:**

£90 per person

## **INCLUDES:**

Welcome smoothie on arrival  
30 minutes Mini Marvel Treatment  
£20.00 per person towards Lunch  
Full access of pool, thermal suites and gym from 10am-2pm or 2pm-5pm  
Complimentary robe & slippers

## **PLUS:**

### **Choose from one of the following:**

Skin Drench Hydration Facial  
De-Stress Facial  
Pollution Defense Facial  
Dreamy Leg Massage  
Baobab Tranquil Scalp Massage  
Walwick's Luxury Arm Scrub and Massage  
Rose Quartz Collagen Eye and Lip Treatment

Guests can upgrade their facial to a specific facial at a greater price. Please enquire at the time of booking.







# TREATMENTS

Treatment consultation, application and aftercare are included in allocated treatment times.

Please note that the following treatments do not include the use of the pool or use of robes and slippers. Guests are asked to wait at reception for the treatment where a therapist will collect you.



## FACIALS

Our highly trained therapist provides you with the most relaxing experience as you indulge in your result-driven treatment.

All Germaine de Capuccini facials include a relaxing Pinda protocol, aroma inhalation, targeted massage techniques, and neck stretches to deliver an unforgettable facial experience with noticeable results.

As part of indulging in a Natura Bissé Treatment or Ritual at with us, you will be welcomed into our Pure Air treatment room. Here, the pure air will prevent pores from getting blocked, seal your treatment, and allow the dermis to relax and protect itself against daily aggressors.

### **PUREXPERT RE-BALANCE FACIAL (GDC) £125 / 60 minutes**

An enzyme-rich and results-driven treatment to purify and rebalance oily and blemish-prone skin complete with a pore tightening red clay mask.

### **TIMEXPERT C+ RADIANCE FACIAL (GDC) £125 / 60 minutes**

An illuminating facial harnessing the power of Japanese Ume extract to fight the first signs of ageing.

### **POLLUTION DEFENCE FACIAL (NB) £125 / 60 minutes**

An oxygenating anti-pollution facial for suffocated skin to reveal a clear and healthy glow.

### **DE-STRESS FACIAL (GDC) £125 / 60 minutes**

A strengthening facial enriched with antioxidants to revive tired and stressed skin.

### **SKIN-ZEN ROSE FACIAL (GDC) £135 / 60 minutes**

A soothing facial infused with five rose petals to protect and strengthen sensitive skin.

### **3D COLLAGEN SHOCK FACIAL (NB) £135 / 60 minutes**

A shock facial with three layers of collagen for a fuller-looking and supple complexion.

### **DIAMOND COCOON FACIAL (NB) £135 / 60 minutes**

A revitalising and renewing facial that counteracts dull complexions, lines, wrinkles and dark spots.

### **TIMEXPERT RIDES COLLAGEN BOOST FACIAL (GDC) £135 / 60 minutes**

A highly effective and advanced facial that visibly reduces the appearance of expression lines and wrinkles.

**Upgrade your facial experience with a Baobab Scalp Massage +£15.00**

## MASSAGE AND BODY TREATMENTS

### **WALWICK'S BESPOKE DETOX AND POLLUTION DEFENCE**

#### **BODY MASSAGE (NB/GDC) £120 / 60 minutes**

Using time-honoured techniques, this tailored and purifying massage harnesses the power of Natura Bissé's award-winning detoxifying oil to help clear the skin of impurities and free radicals. Specialised drainage techniques blend to stabilise and restore the digestive system, creating a sense of inner balance. To complete your experience, luxuriate with time spent in our Pure Air treatment room to help reduce stress and premature cellular ageing, seal your treatment, and prevent pores from becoming blocked.

#### **MEDITERRANEAN CANDLE BODY MASSAGE (GDC) £120 / 60 minutes**

Choose one of our Lavender, Olive or Citrus Mediterranean-inspired candles which will be burned while you enjoy your relaxing Pinda massage. The warm oil from the candle is then poured over the body for a prolonged body massage, using deep and soothing movements. This indulgent massage will ease tension whilst natural antioxidants will hydrate and nourish the skin.

#### **CINNAMON BODY MASSAGE (GDC) £120 / 60 minutes**

This deep tissue massage uses a unique massage balm infused with cinnamon essential oil to reduce any tension in the body whilst increasing circulation and nourishing and hydrating the skin.

#### **PHYTOCARE BAOBAB BODY MASSAGE (GDC) £120 / 60 minutes**

Using ethically sourced Baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory, nourishing, and hydrating benefits. To complete your experience, luxuriate in our relaxing Baobab Scalp Therapy.

## RITUALS

### **THE WALWICK HALL DETOX DELUXE RITUAL (NB/GDC) £145 / 90 minutes**

Your experience will begin with a soothing lymphatic massage using Natura Bissé's award-winning detox oil to clear the skin of free radicals, provide anti-inflammatory benefits and promote a healthy digestive system. Then sink into deeper relaxation with an Pollution Defence Facial to energise cellular function for skin that radiates a clear and healthy glow. Finally, step into our exclusive Pure Air Treatment Room to activate the skin's immune system and increase its natural defence capabilities for a truly detoxifying experience.

### **THE RADIANCE BOOSTING FACE & BODY RITUAL (NB/GDC) £145 / 90 minutes**

Feel rejuvenated with this luxurious ritual consisting of three treatments to brighten, illuminate and hydrate the skin from head to toe. Quench tired and dehydrated complexions with with a Vitamin C infused facial to stimulate collagen production to help fight the signs of premature ageing. Following a gentle leg exfoliation, our specialist therapists will awaken tired and achy legs with a nourishing massage that's enriched with ethically sourced Baobab seed oil. To complete your experience, a cooling Dreamy Legs Gel will be applied, leaving you feeling radiant and walking on air.

### **THE CALMING FACE & BODY RITUAL (GDC) £145 / 90 minutes**

Melt away your troubles with the invigorating aroma of antioxidant-rich lavender, olive or citrus oil and unwind with the deep and soothing movements of this Mediterranean-inspired candle massage. After slipping into a state of total relaxation, your ritual will conclude with a luxurious rose petal facial to soothe tired and stressed skin.

## MINI MARVELS

### **POLLUTION DEFENCE FACIAL (NB) £65 / 30 minutes**

An exfoliating and oxygenating facial to visibly hydrate suffocated skin to reveal a glow complexion.

### **DE-STRESS FACIAL (GDC) £65 / 30 minutes**

A strengthening facial harnessing the power of antioxidants and essential nutrients to revive tired and stressed skin.

### **SKIN DRENCH HYDRATION FACIAL (GDC) £65 / 30 minutes**

A hydrating cocktail of hyaluronic acid and Japanese spring water to feed and nourish dehydrated skin.

### **ROSE QUARTZ COLLAGEN EYE AND LIP TREATMENT (GDC) £65 / 30 minutes**

An intensive eye and lip treatment that combines cupping and a rose quartz gua-sha massage to plump and illuminate the eye and lip contours.

### **WALWICK HALL LUXURY ARM SCRUB AND MASSAGE (NB/GDC) £65 / 30 minutes**

Renew the skin and energise the body with the gentle exfoliation of organic Baobab seeds, followed by a hydrating hand mask and drainage massage.

### **BAOBAB TRANQUIL SCALP MASSAGE (GDC) £65 / 30 minutes**

A nourishing and moisturising neck and scalp massage utilising the benefits of ethically sourced Baobab seed oil.

### **DREAMY LEG MASSAGE (GDC) £65 / 30 minutes**

Awaken tired and achy feet with an energising Baobab scrub, a revitalising Baobab oil massage and a touch of refreshingly cool Dreamy Legs Gel to repair and protect the skin.

## MOTHERS TO BE

### **FACIALS (NB/GDC)**

Our unique collection of Natura Bissé and Germaine de Capuccini facials are safe for expectant mothers seeking glowing complexions.

### **PHYTOCARE BAOBAB BODY MASSAGE (GDC) £120 / 60 minutes**

A relaxing and indulgent treat for mothers to be using ethically sourced, organic Baobab oil to nourish and protect the skin with a rich infusion of antioxidants, vitamins and omegas. Deep and soothing lymphatic massage techniques provide the skin with anti-inflammatory, nourishing, and hydrating benefits. To complete your stress-reducing experience, our relaxing Baobab Scalp Therapy will help to revitalise the hair and soothe the scalp.

### **THE RADIANCE BOOSTING FACE & BODY RITUAL (GDC) £145 / 90 minutes**

Skin during pregnancy can sometimes appear dull and dehydrated due to the hormonal changes within the body. Designed to stimulate collagen production, this Vitamins C infused facial will transform your complexion, leaving it fresh, supple and deeply hydrated. To complete your experience, luxuriate with our three-part Dreamy Leg Massage to repair and protect tired and achy legs. Commencing with a gentle leg polish, followed by an energising leg massage and concluding with a touch of cooling Dreamy Legs Gel to leave you walking on air.

### **THE PHYTOCARE BAOBAB BODY MASSAGE AND CALMING FACIAL RITUAL (GDC) £145 / 90 minutes**

Designed to relax the body during pregnancy, this ritual provides a host of anti-inflammatory, nourishing, and hydrating benefits. Using ethically sourced Baobab oil, this African-inspired full body massage helps improve the skin's elasticity and reduce the appearance of stretch marks while our Skin-Zen Rose Facial gives strength to tired and stressed complexions prone to sensitivity.

## MANICURES AND PEDICURES

### **JESSICA GELERATION**

**£36 / 60 minutes**

A nourishing treatment for the hands, nails and cuticles. Includes exfoliation, hand and arm massage, heated mittens and finished off with Jessica Geleration Polish.

### **GEL REMOVAL PLUS MANICURE**

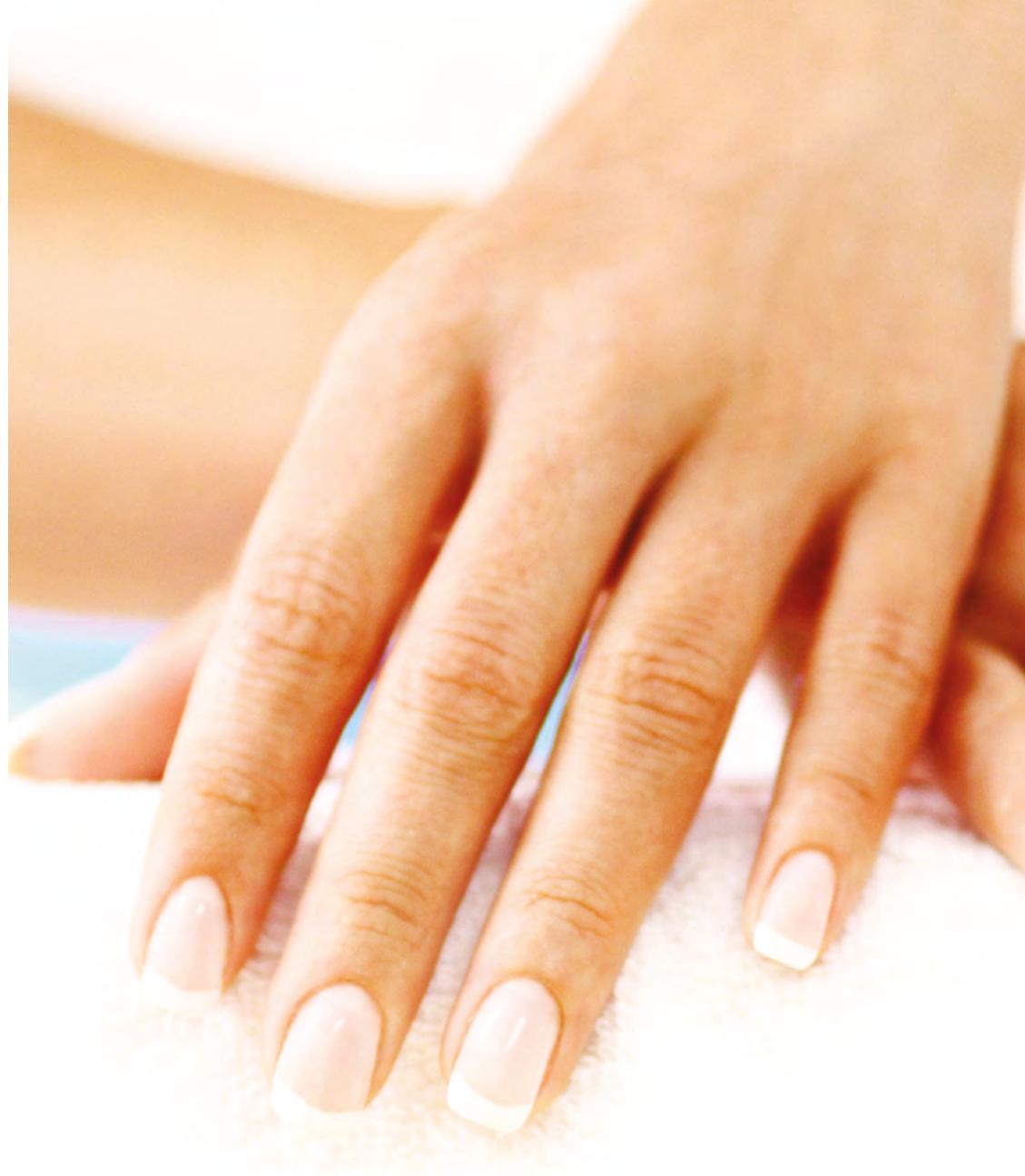
**£28 / 60 minutes**

Gel polish is professionally removed to ensure that the nail is left undamaged. Nails are finished off with a specific Jessica treatment.

### **GEL REMOVAL**

**£12 / 30 minutes**

Gel polish is professionally removed to ensure that the nail is left undamaged. Nails are finished off with a specific Jessica treatment.





## SPA GUIDANCE

We want our guests to thoroughly enjoy their time with us at The Spa at Walwick Hall and enjoy the indulgent experience it is intended to be. To allow all guests to enjoy the facilities in a stress-free atmosphere, we kindly request all guests to respect other spa users by refraining from the use of mobile phones, reserving poolside loungers, and keep noise to an agreeable level. Beverages may be served by the poolside loungers from the hotel by ordering from the poolside menu via the intercom at the entrance. Drinks purchased by hotel guests may be added to their room bill. Non-residents must pay upon receipt of drinks.

All treatments must be paid for in advance and a card guarantee taken. Please adhere to the terms and conditions in this brochure and familiarise yourself with them before booking.

# SPA GUIDANCE

## ARRIVAL TIME

As a courtesy to all guests we operate a prompt appointment schedule and suggest you arrive at least 15 minutes prior to your booking time to allow time to check-in, change and begin your spa experience. A late arrival may result in your treatment time being reduced or cancelled.

A no show will result in the full treatment being charged.

## WHAT TO BRING WITH YOU

We will provide you with a fluffy robe, towel and slippers on arrival for spa days, please make sure you bring a swimming costume. If you are a hotel resident you will be provided with fluffy robe and slippers in your room, please bring these to The Spa with you. You can access the Spa via reception and through the Garden. We do not advise you wear your slippers outside. We also have a gym if you wish to bring along your gym wear.

## CANCELLATION POLICY

Full payment will be required at the time of booking for your spa reservation. Should you wish to amend or cancel the reservation you must provide 48 hours notification. A 50% refund will be given for cancellations exceeding 48 hours notice. Cancellations made within 48 hours of arrival will result in full loss of payment.

## AGE REQUIREMENTS

We welcome anyone from the age of 14 years plus. Please note, 14 – 18 year olds must be accompanied by an adult and a restricted treatment list is available to anyone 14 – 18 years. Please contact us direct if aged under 18 to see about treatment options

## HEALTH & MEDICAL ADVICE

Please ensure you inform the Spa prior to arrival if you are currently taking any medication or have recently undergone surgery. We recommend you consult a doctor if you have concerns regarding your health or are taking medication that may cause an adverse reaction. Failure to provide this information may prevent you from using the spa facilities or receiving treatments, however you will be liable for the full payment.

## EXPECTANT MOTHERS

We have a range of specifically designed treatments for expectant mothers. Please note that some of our Spa experiences and Spa facilities may be unsuitable during pregnancy. We recommend that you speak with a member of our team for further advice.

## TREATMENT ROOM

We have one exquisite treatment suite for you to relax and enjoy your treatment in.

## HOMECARE

All products used in our treatments are available to purchase in our treatment area for you to continue your spa experience at home. Note these items must be paid for in The Spa.

## GIFT VOUCHERS

What better way to treat a loved one. We have a wide range of Spa vouchers available suitable for all occasions. Please contact a member of our Spa team for further details.

## SECURITY

On arrival, our therapist will provide you with an individual locker to store your personal belongings. Please note that Walwick Hall will not be held responsible for loss of valuables at any time. We strongly advise that you bring essential items only and those of sentimental value are left at home.

## POOL USAGE

Only certain treatments and rituals offer pool usage as part of the price. This will be discussed at the time of booking and is nonnegotiable due to the size of the pool area. If you have any doubts, please take this up at the time of booking to avoid disappointment on the day.

## NAIL TREATMENTS

Our chosen nail brand at The Spa at Walwick Hall is Jessica. We do not perform acrylic extensions nor do we remove them. You will be liable for the full cost of the treatment in the event we are unable to perform nail treatment due to this.

## COVID-19

In the current climate we ask all guests to be aware of their health, and ask them not to come to Walwick Hall and The Spa if they are feeling unwell. Please note also that only guests receiving treatments will be allowed in the Spa.

The current coronavirus pandemic and subsequent restrictions are out of our control at Walwick Hall. Where government guidelines force full or partial closure of our spa, restaurant, hotel or Chesters Stables then any deposits and bookings will become fully transferable to a future date and supersede the specific booking terms and conditions of any individual reservation.

Should the future date carry higher charges for products or services then additional amounts will need to be paid as part of the normal deposit process.

# TREAT SOMEONE

Choose one of our fabulous gift sets available in The Spa  
or reward someone with a Walwick Hall Gift Voucher  
which can be purchased via our reception.

TO DISCUSS A GIFT CARD, CALL 01434 620 156  
OR EMAIL [HELLO@WALWICKHALL.COM](mailto:HELLO@WALWICKHALL.COM)



## WALWICK HALL

A COUNTRY ESTATE AND SPA

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